

To Reserve Your Seat  
**SIGN UP  
TODAY!**

United Way  
7 Oxford Street

# Obstacles to Opportunities Workshop Series

July 27th - 30th

9am-12:30pm Mon - Thurs

Coffee/Juice & Snacks Available - Pizza On Last Day

## Workshops

### **Expectations & Ice Breakers**

#### **WHMIS Training**

Valuable WHMIS Training That All Employees Should Have

### **True Colours/Personality Dimensions**

A Fun And Interactive Workshop To Learn About Your "Personality Type"

### **Wellness/Motivation**

Simple Self Care Tips To Stay On Your Game!

### **The Start To Building Your Career**

Interview Tips & Tricks And How To Answer Strength & Weakness Questions

### **Resume Etiquette & Customer Service**

How To Build The Perfect Resume And Customer Service Skills 101

### **Workplace Culture/Boundaries**

Learn What To Expect In Any New Job & Employer Expectations

### **Positive Thinking & Accessibility Training**

All Employee's Need This Training - You're One Step Ahead Of The Game

### **Graduation & Pizza Party!!**



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